



MARCH 10 & 11,  
2023

# WESTERN PROVINCIAL OPEN

\*\*\*New\*\*\*  
Tag Team  
Sparring

Divisions  
For All  
Ranks & Ages

LOCATION:  
EDMONTON OILFIELD  
TECHNICAL SOCIETY,  
2104-156 ST SW,  
EDMONTON, AB



Alberta WKC  
Provincial Qualifier

Cody Diesbourg / Elaine Diesbourg  
Albertawpo@gmail.com

780-238-5425

[www.premierma.net](http://www.premierma.net)



# Tournament Information

Hello Alberta Martial Artists!

We are excited to showcase the best competitors Alberta has to offer. This year we have adjusted our schedule to Friday and Saturday competition. This is to help the flow of the day and to offer the best experience for everyone participating. Continuous sparring and all team divisions will be held on Friday night. Please ensure you read the schedule of events carefully so you are prepared for your division. We wish everyone the best of skill in this year's Western Provincial Open!

If you have any questions or concerns, please don't hesitate to contact us through email or our facebook page.

Sincerely,

Cody & Elaine Diesbourg  
WKC Alberta Directors  
[Albertawpo@gmail.com](mailto:Albertawpo@gmail.com)

## Friday, March 10th Schedule:

- 3:30 pm - Registration Begins
- 4:00-5:00 pm - Point Sparring seminar with Cody Diesbourg  
\*\*\*All competitors who pre-register before March 6, 2023 will receive a FREE entry into the sparring seminar\*\*\*
- 5:30-6:00 pm - Judges Meeting
- 6:00 pm - All Continuous Sparring Divisions
- 7:00 pm - Team Forms followed by Tag Team Sparring

## Saturday, March 11th Schedule:

- 8:00 am - Registration begins
- 9:30 am - Judges and Black Belt meeting
- 10:00 am - Underbelt divisions begin
- 12:30 pm - Black Belt divisions begin

## Hotel Information:

**Hotel:** Tru by Hilton Edmonton Windermere  
**Location:** 6025 Andrews Way, Edmonton, AB, T6W 1A4  
**Phone:** (780) 752-8781  
**Group Name:** Western Provincial Open - [Online Booking](#)

## Notes

- Division start times are approximate start times, however, divisions will not start before their scheduled time.
- Ring assignments are subject to change. All changes will be announced over the P.A. system.
- All Forms and Sparring Divisions will run in the order that they are printed on the ring assignment sheet. You are responsible for being at your ring when the division begins.
- All Sparring Competitors **must** provide their own equipment.  
\*\*\*NEW: Elbow pads are optional at this year's Provincials, however, they will be mandatory at Nationals/Worlds as well as next year's Alberta Provincials\*\*\*
- Underbelt Jr. Grand Champion Awards for ages -10yrs and 11-17yrs.
- Adult & Jr. Team Fighting Champions: Championship Gloves!
- Black Belt divisions will follow the WKC rules that can be found online [here](#)

## Team Kata Rules

- Junior team Kata consists of two or more members of any belt rank under the age of 17yrs.
- Adult team Kata consists of two or more members of any belt rank with at least one member 18yrs of age or older.
- Music and weapons are optional in this division.
- Judges will be looking for synchronization, showmanship, speed of techniques, degree of difficulty, execution of techniques, overall team power, balance, speed and focus.
- Winners will receive a special team award and WKC medals.

## \*\*\*NEW Tag Team Sparring Rules \*\*\*

- **Adult Tag Team Fighting**- 2 member teams ages 18+ (men/women separate).
- **Jr. Tag Team Fighting** – 2 member teams within their respective age divisions: -12yrs, 13-14yrs, 15-17yrs (boys/girls separate).
- Team members do **NOT** have to be from the same school and can be of any rank.
- Each match will be 2 min, total points with no 10 point spread (Must win by 2 points).
- Both fighters must fight a portion of the match. You may tag out at any time during the match either during the action or on judges break.
- Tagging out must be a clear hand to hand tag. Once hands have been touched, the fighter on the side line has to enter right away and can be scored on as soon as the tag has happened. If the tag is not clear or the player does not enter the ring promptly, a point may be awarded to the other team.
- Regular WKC sparring rules.
- Winning teams receive 2 pairs of Championship Gloves.

**March 10, 2023**  
**WPO 2023 Ring Assignment**  
**Friday Night Divisions**

**Ring 1**

-12yrs Boys Continuous Sparring (-30kg / -40kg / +40kg)

13-14 Boys Continuous Sparring (-50kg / -60kg / +60kg)

15-17 Boys Continuous Sparring (-60kg / -70kg / +70kg)

**Ring 2**

-12yrs Girls Continuous Sparring (-30kg / -40kg / +40kg)

13-14 Girls Continuous Sparring (-50kg / -60kg / +60kg)

15-17 Girls Continuous Sparring (-55kg / -65kg / +65kg)

**Ring 3**

+18 Women Continuous Sparring (-55kg / -65kg / +65kg)

+35 Women Continuous Sparring (Open Weight)

+42 Women Continuous Sparring (Open Weight)

+48 Women Continuous Sparring (Open Weight)

+18 Men Continuous Sparring (-70kg / -80kg / +80kg)

+35 Men Continuous Sparring (Open Weight)

+42 Men Continuous Sparring (Open Weight)

+48 Men Continuous Sparring (Open Weight)

**Ring 4**

Jr. Team Kata

Adult Team Kata

-12yrs Tag Team Sparring

13-14yrs Tag Team Sparring

15-17yrs Tag Team Sparring

+18yrs Tag Team Sparring

**3:30 pm - Registration begins.**

**4:00-5:00 pm -Seminar with Cody Diesbourg**

**5:30 pm - Judges Meeting**

**6:00 pm -Start time for Continuous**

**7:00 pm - Start time for all Team Events -  
Divisions will run in the order they are  
printed.**

**March 11, 2023**  
**WPO 2023 Ring Assignment**  
**Underbelt Divisions**

**Ring 1**

-6yrs Weapons  
Little Dragon Forms  
-6yrs Forms  
Little Dragon Sparring  
-6yrs Sparring

**Ring 2**

7-8yrs Weapons  
7-8 Beginner Forms  
7-8 Intermediate Forms  
7-8 Advanced Forms  
7-8 Beginner Sparring Boys  
7-8 Beginner Sparring Girls  
7-8 Intermediate Sparring Boys  
7-8 Intermediate Sparring Girls  
7-8 Advanced Sparring Boys  
7-8 Advanced Sparring Girls

**Ring 3**

9-10 Weapons  
9-10 Beginner Forms  
9-10 Intermediate Forms  
9-10 Advanced Forms  
9-10 Beginner Sparring Boys  
9-10 Beginner Sparring Girls  
9-10 Intermediate Sparring Boys  
9-10 Intermediate Sparring Girls  
9-10 Advanced Sparring Boys  
9-10 Advanced Sparring Girls

**First Available Ring**

+18 Weapons  
+35 Adult Weapons  
+18 Beginner Forms  
+18 Intermediate Forms  
+18 Advanced Forms  
+35 Adult Forms  
+18 Men's Beginner Sparring  
+18 Women's Beginner Sparring  
+18 Men's Intermediate Sparring  
+18 Women's Intermediate Sparring  
+18 Men's Advanced Sparring  
+18 Women's Advanced Sparring  
+35 Women's Sparring  
+35 Men's Sparring

**8:00am - Registration begins.**

**9:30am - Judges/coaches meeting.**

**10:00am - Start time.**

**Ring 4**

11-12 Weapons  
11-12 Beginner Forms  
11-12 Intermediate Forms  
11-12 Advanced Forms  
11-12 Beginner Sparring Boys  
11-12 Beginner Sparring Girls  
11-12 Intermediate Sparring Boys  
11-12 Intermediate Sparring Girls  
11-12 Advanced Sparring Boys  
11-12 Advanced Sparring Girls

**Ring 5**

13-17 Weapons  
13-17 Beginner Forms  
13-17 Intermediate Forms  
13-17 Advanced Forms  
13-17 Beginner Sparring Boys  
13-17 Beginner Sparring Girls  
13-17 Intermediate Sparring Boys  
13-17 Intermediate Sparring Girls  
13-17 Advanced Sparring Boys  
13-17 Advanced Sparring Girls

**• Division start times are approximate start times, however, divisions will not start before their scheduled time.**

**• Ring assignments are subject to change. All changes will be announced over the P.A. system.**

**• All Forms and Sparring Divisions will run in the order that they are printed on the ring assignment sheet. You are responsible for being at your ring when the division begins.**

**• Underbelt grand championships will run after the age groups have finished all divisions.**

**March 11, 2023**  
**WPO 2023 Ring Assignment**  
**Black Belt Divisions**

**Ring 1**

**-10yrs Black Belt Forms**

Creative Weapons  
Musical Weapons  
Traditional Weapons  
Boys Hard Style  
Girls Hard Style  
Open Musical  
Boys Soft Style  
Girls Soft Style  
Boys Korean Style  
Girls Korean Style  
Boys Kenpo Style  
Girls Kenpo Style

**11-12yrs Black Belt Forms**

Creative Weapons  
Musical Weapons  
Traditional Weapons  
Boys Hard Style  
Girls Hard Style  
Open Musical  
Boys Soft Style  
Girls Soft Style  
Boys Korean Style  
Girls Korean Style  
Boys Kenpo Style  
Girls Kenpo Style

**-10yrs Black Belt Point Sparring**

Boys Point Sparring -25kg / -35kg / +35kg  
Girls Point Sparring -25kg / -35kg / +35kg

**11-12yrs Black Belt Point Sparring**

Boys Point Sparring -30kg / -40kg / +40kg  
Girls Point Sparring -30kg / -40kg / +40kg

**Ring 2**

**13-14yrs Black Belt Forms**

Traditional Weapons  
Creative Weapons  
Musical Weapons  
Boys Hard Style  
Girls Hard Style  
Open Musical  
Boys Soft Style  
Girls Soft Style  
Boys Korean Style  
Girls Korean Style  
Boys Kenpo Style  
Girls Kenpo Style

**13-14yrs Black Belt Point Sparring**

Boys Point Sparring -50kg / -60kg / +60kg  
Girls Point Sparring -50kg / -60kg / +60kg

**8:00am - Registration begins.**

**9:30am - Judges/coaches meeting.**

**12:30pm - Start time - Divisions will run  
in the order they are printed.**

**Ring 3**

**15-17yrs Black Belt Forms**

Musical Weapons  
Creative Weapons  
Traditional Weapons  
Boys Hard Style  
Girls Hard Style  
Open Musical  
Boys Soft Style  
Girls Soft Style  
Boys Korean Style  
Girls Korean Style  
Boys Kenpo Style  
Girls Kenpo Style

**15-17yrs Black Belt Point Sparring**

Boys Point Sparring -60kg / -70kg / +70kg  
Girls Point Sparring -55kg / -65kg / +65kg

**Ring 4**

**Adult Black Belt Forms**

+18 Musical weapons  
+18 Traditional Weapons  
+18 Creative Weapons  
+35 Weapons  
+42 Weapons  
+48 Weapons  
+18 Open Musical  
+18 Men Hard Style  
+18 Women Hard Style  
+35 Men/Women Forms  
+42 Men/Women Forms  
+48 Men/Women Forms  
+18 Men Soft Style  
+18 Women Soft Style  
+18 Men Korean Style  
+18 Women Korean Style  
+18 Men Kenpo Style  
+18 Women Kenpo Style

**Adult Black Belt Point Sparring**

+18 Women Point Sparring -55kg / -65kg / +65kg  
+35 Women Point Sparring Open Weight  
+42 Women Point Sparring Open Weight  
+48 Women Point Sparring Open Weight  
+18 Men Point Sparring -70kg / -80kg / +80kg  
+35 Men Point Sparring Open Weight  
+42 Men Point Sparring Open Weight  
+48 Men Point Sparring Open Weight

**WESTERN PROVINCIAL OPEN**  
**PRE-REGISTRATION FORM**  
**(Pre-Registration must be received by March 6, 2023)**

Name \_\_\_\_\_ Age (As of Jan 1, 2023) \_\_\_\_\_ Belt Level: \_\_\_\_\_  
 Address \_\_\_\_\_ Postal Code \_\_\_\_\_  
 Phone Number \_\_\_\_\_ Club \_\_\_\_\_ Instructors Name \_\_\_\_\_  
 (Join our email list for information on our future events) Email \_\_\_\_\_

**\*NOTE: EVERYONE LOOKING TO QUALIFY FOR THE WKC NATIONAL EVENT MUST COMPETE IN THE BLACK BELT DIVISIONS.**

Divisions: **Please check off all divisions entering**

**UNDERBELT DIVISIONS**

- Boys                       Girls                       Men                       Women
- Underbelt Forms             Underbelt Weapons             Underbelt Sparring

**BLACK BELT DIVISIONS**

- Boys                       Girls                       Men                       Women
- Hard Style Forms             Soft Style Forms             Korean Forms             Open Musical Forms             Kenpo Forms
- Creative Weapons             Musical Weapons             Traditional Weapons
- +35 Forms                       +42 Forms                       +48 Forms
- +35 Weapons                       +42 Weapons                       +48 Weapons
- Point Sparring                       Continuous Sparring
- +35 Point Sparring                       +35 Cont. Sparring
- +42 Point Sparring                       +42 Cont. Sparring
- +48 Point Sparring                       +48 Cont. Sparring

**Team Divisions**

- Team Kata
- Tag Team Sparring
- Sparring Seminar

**COMPETITOR & SPECTATOR FEES**

	<b>Pre-Registration Received by March 6, 2023</b>	<b>At the Door After March 6, 2023</b>	
<b>For First 2 Divisions</b>	<b>\$75</b>	<b>\$85</b>	= _____
<b>Each Additional Division</b>	<b>\$10 x _____</b>	<b>\$15 x _____</b>	= _____
<b>Team Forms (per person)</b>	<b>\$10</b>	<b>\$15</b>	= _____
<b>Tag Team Sparring (per person)</b>	<b>\$25</b>	<b>\$25</b>	= _____
<b>Sparring Seminar</b>	<b>FREE</b>	<b>\$40</b>	= _____
<b>Spectator Pass (5yrs and under get in free)</b>	<b>\$5 x _____</b>	<b>\$5 x _____</b>	= _____
		<b>Grand Total =</b>	_____

**PAYMENT METHOD**

**\*\*\*Day of tournament cash only. No refunds.**

**PRE-REGISTRATION (Ends March 6th)**

- 1) Please send your completed registration form and E-transfer to [Albertawpo@gmail.com](mailto:Albertawpo@gmail.com)
  - 2) Drop off at Premier Martial Arts (North or South location) during business hours.
- \*\*\*No personal Cheques - Cash or Club cheques only\*\*\***

I \_\_\_\_\_ agree to assume full responsibility for any and all damages, injuries, or losses that I may sustain or incur, if any, while attending or participating during the Martial Arts Event held at the Edmonton Oilfield Technical Society on March 10-11, 2023. I hereby waive all claims against the Western Provincial Open, the operators, or sponsors of this event, Cody Diesbourg, Elaine Diesbourg, Premier Martial Arts, or any and all others connected with this tournament for any claims for injuries I may sustain. I understand that any medical treatment given to me will be first aid treatment. I have read, understand and agree to abide by the rules associated with this event. Additionally I am fully aware of my own personal medical condition and hereby certify that I am mentally and physically fit to compete at said event. Lastly I hereby waive any compensation whatsoever for the use of picture, videotape, media coverage, statements, etc., utilized by those producing or directing this event at any time.

**Signature** \_\_\_\_\_

**Parent/Guardian Signature (If Under 18)** \_\_\_\_\_